

Gorton High School

PHYSICAL EDUCATION POLICIES AND PROCEDURES

ATTENDANCE

Participation is essential to being successful in physical education; therefore, it is important to be present and participating in class. As per district policy, more than 12 absences for the school year will result in a failing grade for the course. Please let your teacher know about any school trips or functions which cause you to miss class, as they will not count against you. Attendance/participation are major factors in the calculation of your grade.

CLASS PREPARATION

Appropriate attire is to be worn for every PE class:

- Athletic sneakers - laces must be tied for safety purposes
- Sweatpants, shorts or any athletic apparel (NO PAJAMA PANTS)
- T-Shirt or Sweatshirt/Hoodie (NO TANK TOPS OR STRAP SHIRTS)
- A Sweatshirt may be needed as we will be outside on occasion

GENERAL RULES

- Food, Candy, Juice are not allowed in the gym, only water and sport drinks in plastic bottles are allowed
- Large Jewelry (ex. Hoop earrings, rings, necklaces etc....should not be worn)
- Hats and do-rags are not allowed
- Cell Phones, I-Pods and other electronic devices are prohibited

MEDICAL EXCUSES

- Any student who has a medical situation that prevents them from participating for an extended period of time must provide a written Doctor's note. A doctor's note will also be required to resume physical activity. Alternate assignments will be given on a case by case basis.
- Any student who needs to be excused for a particular class should bring a note from home. They must still attend class and may receive a written assignment.